

The Communicator July 18, 2023



We've had a wonderful visit with the Reverend Martha Kremer. She did a most interesting Instructed Eucharist which you can read by visiting the Saint Michael's [website](#). There were many positive comments by our Ecumenical parishioners who enjoyed getting to know a bit more about the Book of Common Prayer and Episcopal traditions. Thank you Martha!!!

We continue to pray for Hank (and Judy too) as Hank transitions from this world. In our prayers we also think of our precious Lathrop family. Marisela reports that Ken is getting better day by day through painful (ouch) physical therapy. They hope to be back in church soon. We do too!!! Junior Warden Joh Stelly is also recovering from surgery and we hope to have him with us this Sunday.



Eduardo Socorro was the only beneficiary of The Extraordinary Memory Care Group. Eduardo loves the group and on Sunday Lorena was deeply moved when he presented her with a gift of seed pods he'd picked up — for “you teacher.” Heart melt.

We had a large turnout for Cecilia Sanchez' excellent lecture on the Maya Nut and the Ramon Tree - the environmental importance of the trees themselves and the nutritional value of the Maya Nut as it sustained the indigenous people during times of drought and food deprivations. Did you

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know the Maya Nut flour is gluten-free and that Maya Nut coffee puts you to sleep instead of giving you the “jangles.” We all had amazing Maya Nut homemade ice cream and Chris Jones had made scrumptious Maya Nut cookies! The ice cream tasted like a mix of coffee and chocolate and was as good, or better than, any gelato i’ve ever

tasted. Thank you Cecilia and Chris! Well done. Some of our guests were completely new to our campus and that always makes us happy!

This Sunday is **Erika Mayen’s** birthday! Happy Birthday Erika. Erika and Gloria’s sister will be coming from Europe to celebrate. Don’t forget to wish Erika a happy birthday!

Father Doug is with Veronica, daughter Maria Fernanda (Fer), granddaughter Alice and Veronica’s son, Roberto, in Acapulco. Veronica reports that the sun, sea, good food and our continued prayers are doing wonders in the healing of Fer. Doug you tower in more ways than one!!!!



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Hopefully we will have a big turnout for Reverend Martha's final Sunday with us!

We said goodbye this past week to our darling bellringers Matthew and Nicholas. Have a wonderful time in Minnesota and come back ready to pull that rope as hard as you can!



This week also saw a wonderful delivery of donated books to the library from Harriet Edmond. Wish you all could have been there when we opened the two overflowing boxes of treasures and then found the greatest treasure of all! Harriet had kept a beautiful scrapbook of “covers” from all over the world commemorating the marriage of Princess Di and Prince (now King) Charles. It is definitely worth a trip to the library just to see it!!!! THANK YOU HARRIET. It will be a treasure we will all enjoy and, of course, think of you as we do! We miss you Harriet! Wish you'd drop us a line!



All in all, it's been a week to celebrate! We are emerging from the pandemic and our numbers are increasing each week. Hope you'll help us along by showing up at church and, if you can, bring a friend!!! We are VERY user friendly.....

Say “Hello” to Helen's Ginger our newest (and probably cutest church dog. A big Welcome

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Ginger from Amigo, Bella, Radar, Magnus and the other four-legged friends who join us each Sunday.

We are looking forward to our August lecture and welcoming the inspirational Dra. Anne Moxey. Anne founded Parinaama, a world of Yoga in prisons throughout Mexico, much of Latin America and the Southern United States.. We will let you know as soon as we have a firm date. In the meantime, start practicing your yoga poses. Date to be announced.