

What a week this has been and it's only Wednesday! Sunday we were blessed with the presence of the inimitable Reverend **Gillian Ball**. Flowers were given in memory of Hank Frothingham.

Attendance was good and as always the food was delicious. A special thanks to **Isabel Graves** for her delicious quiche and as always **Debbie** outdid herself. It was particularly nice to see all the tables full and to see people sitting in different groupings. We were delighted to have visitors - especially the family of **Adrienne & Eduardo Socorro** and **William Graves'** daughter.

I want to thank a few people who always manage to take great photos and to share them with me. Thank you **Onagh Ash, Lorena Molina, Amanda Hooten, Cesar Hernandez**. You are the best!



The funeral of our beloved **Hank Frothingham** was a reminder of Cuernavaca and Saint Michael's in the glory days. The church and choir loft were filled to overflowing. **Judy** and **Father Doug** did a gorgeous job planning the funeral which was a perfect mix of tradition and innovation. There were moments of sadness and heartbreak during the family tributes by Judy and Hank's two sons, **Chris** and **Tag Frothingham**, but there were

many more moments of joy and celebration of a good man and a life well-lived. As Judy noted, we sure wish the pews could be this full on Sundays.

**Laurie Rodriguez** did a beautiful job on the organ, and **Brian Bockman** closed the service with an exquisite, gripping, solo of Amazing Grace. Newly formed American Legion Chapter 2 came and, in a powerful ceremony, presented the Flag of Service to Judy accompanied by **Paul Gottschalk's** hauntingly beautiful taps and **William Graves'** touching prayer-poem. Judy has asked that I offer particular thanks to all those who helped with



hospitality and particularly to **Steve and Angel Farmer** who provided their considerable expertise to make the funeral available on YouTube to those who couldn't attend in person. And to **Dita Emmett**, who designed the



Memory Cards and also coordinated the luncheon and stunning table flower arrangements, Judy and all the rest of us are grateful. Everyone attending the funeral was invited to a sit-down luncheon at the Frothingham home and -despite a manifestation that seemed to block every street - over a hundred of us were exquisitely wined and dined as the mariachi played through a perfect Cuernavaca afternoon. Hank must have been smiling down on us all.

This Sunday, Father Doug will be back in the pulpit and life will return to normal at SMAAA.

Next week we anticipate a full house on Wednesday, August 9, 4PM, for the third in this years' SMAAA Lecture Series 2023 - "One Life Can Change the World." . **Ann Moxey** was a career sociologist and specialist in addictions who served as a wartime news correspondent in various countries of the world and will be our guest speaker. Twenty years ago Ann founded Paarinama Yoga, AC, a foundation that offers yoga to the incarcerated, of all ages, in prisons and youth detention centers throughout Mexico and a number of other countries in Latin America. Ann created the first center in the world to train yoga teachers inside the prisons. This years' Lecture Series has been an attempt to spotlight people in our midst who are making a difference. Ann will excite you with her enthusiasm and delight you with the stories of the difference the work of *Parinaama* has made in the lives of many. Whether you practice yoga or just want to learn how one person can change the world for so many, we



hope you will join us. The SMAAA Lectures Series is free, refreshments are offered.

**We are thrilled that Ann can be with us. We hope you will mark your calendars and be there!!!**

**More photos from Hank's funeral!**





