There's lots of good news coming for you good people!

Last Thursday two new programs started at Saint Michael's. Quilting Club with **Anita Gottschalk** and Thursday Yoga led by **Ann Moxey**. Both were a huge success. In addition, Friday Senior Club resumed with good attendance. This week we start the Youth Choir.

For now, Thursday Yoga is chair yoga.... focusing on proper breathing, positions. We are so fortunate to have Ann leading this group.





Friday's Weekly
Senior Club
(10-12), led by
Lorena Molina
with team
members Pat
Manners and
Amanda Hooten
resumed with a
lively group on
Friday. Good to
have everyone
back and please
spread the word to
Seniors you think

might be interested.



Kay@langlink.com

Kay Godfrey has put out a call for new choir members. Please see poster for more information. Auditions will be held Sunday, October 1, 9am. This is a very fun group. Wouldn't you like to "Let Your Voice Sing?" I'm happy to report that lan Thomas, for one, will be back with us!

And for even more music. We are thrilled to announce our first ever Children's Choir led by Laurie Rodriguez. Tomorrow, Thursday, September 21, 4-5:30 will be the first rehearsal. This is a wonderful opportunity for children 8-12.



THURSDAYS | 4:00 PM - 5:30 PM Starting September 21

Children 8 - 12 years old

FREE ENTRY
Bilingual class
Excellent musical education
Ecumenical choir



No news from "Far Away" this week. Hopefully we'll hear from some of you soon so I can include your photos and news in a later edition.

Weekly Schedule:

Mondays 3:30-5:30 Spanish Class Thursdays 11-12:30 "Yoga with Ann" Thursdays 4-5:30 Youth Choir Fridays 10-12 Senior Club

Monthly Schedule:

Second Thursday of each month, 10:30-1:30 - Quilting Club Fourth Thursday of each month 7:30-?? Mexico Lindo Dance Wednesday, September 27, 4PM, **Erik Friend**!!! September lecture in SMAAA Lecture Series - People Making a Difference in the World.