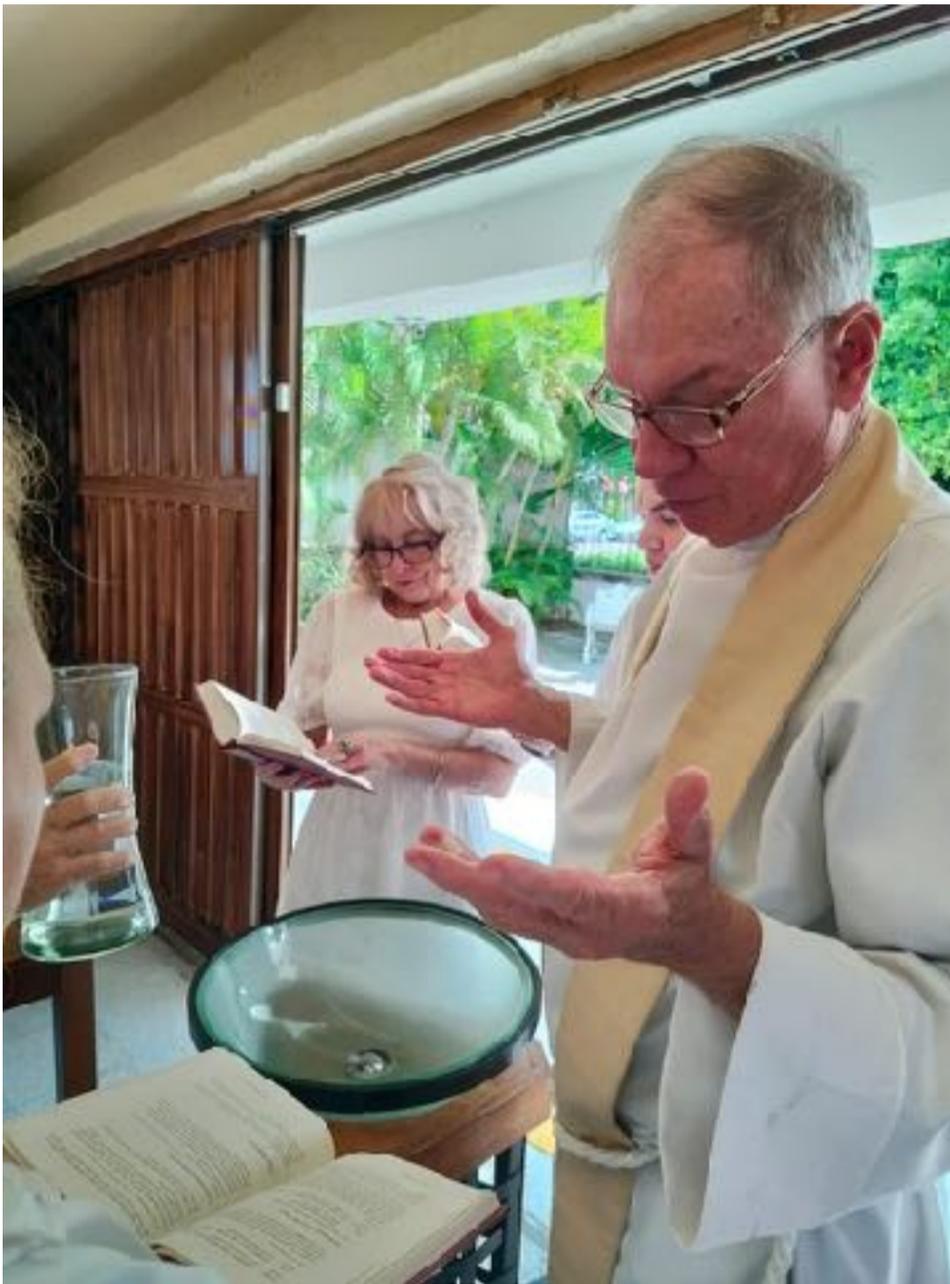


The Communicator September 5, 2023



In your last Communicator we promised a **Red Letter** Sunday and I urged you to fill the pews. You did. And, a **Red Letter Day** in the life of Saint Michael and All Angels it certainly was!!! Our Baptismal Candidate, **Wendy Blake**, was beautiful and her son **Philip**, who also served as Wendy's witness and sponsor, did a wonderful job reading the Psalm for the Day and standing up for his mother.

It was a day filled with excitement for everyone present as we welcomed this newest member of our Christian Family even while knowing that she is already playing a huge role in the life of SMAAA as our highly competent Treasurer. Wendy's bookkeeper **Yvonne**, Attorney **Diego** and close long-time friend **Malu** came from Mexico City to witness. Her dear friend, **Senior Warden Judy Frothingham**, read the Epistle and **Wendy** herself read the beautiful Old Testament Lesson from Exodus.

Our own Minister of Hospitality, **Debbie Jeffress** (with help from **Guadalupe**), knocked herself out with a spread that just kept on coming. As it was also Birthday Sunday Debbie cleverly combined the Baptismal Cake and the Birthday Cake with a "B-Cake" decorated with the Star of David in recognition of Wendy's Jewish Faith and heritage. There were also bagels with smoked salmon, cream cheese and all the extras

(including caviar!!!!), *Rugelach* from a favorite bakery of Wendy's in Mexico City, some delicious salads, fruits and even mimosas were part of our post-Baptismal feast!! Most of all it was a time for Community and welcoming. Thank you to everyone who took photos and brought food!





And speaking of welcoming!!!! Welcome **Baby Liam!** You may be tiny, but you have come into the world already beloved in a **BIG** way by the many members of SMAAA and your family who have prayed for you and loved you even before your birth.

RETIRO YOGA RESTAURATIVA
Y CORRECCIÓN DE PATRONES PATOLÓGICOS DE RESPIRACION

POR ANN MOXEY

PRESENCIAL Y ONLINE
DOMINGO PAQUERAS A LAS 5 DE LA TARDE
(MODALIDAD PRESENCIAL) \$3,800
(MODALIDAD ONLINE) \$3,500

SUMMITR
"CASITA DEL BIENESTAR"
REAL DE TEZOMUCA
MOBILDS

21, 22,
23 Y 24
SEPT

EN ESTE RETIRO TERAPÉUTICO CON ENFASCÉ EN LA
CONCIENCIA DE PATRONES PATOLÓGICOS DE LA
RESPIRACIÓN Y CÓMO TRANSFORMARLOS.
PROFUNDIZAREMOS NUESTRA EXPERIENCIA DEL
BIENESTAR OFRECIDA POR LAS POSTURAS RESTAURATIVA
DE LA PRÁCTICA MEDITARRA DEL YOGA

Ann Moxey

55 54 16 95 08

ANNMOXWORKSHOPS@GMAIL.COM

IMPORTANT!! Thursday was supposed to be the first YOGA class. Unfortunately our illustrious, and I mean

truly illustrious, teacher **Ann Moxey** has an urgent appointment on Thursday and asks our indulgence that classes start on September 14. That is also the first day of the Quilting Group with **Anita Gottschalk**. As there is a bit of a time conflict the Quilting group will meet in the Vestry Room and the Yoga group will meet in the Parish Hall for this first event. It is an embarrassment of riches to be so busy that we have overlapping schedules but we love seeing the campus again being used by such diverse groups as the library (have you joined yet? If not, why not?), AA, AIAnon, Deo Gracias Chorus, Thanatology, Yoga, Quilting, Youth Choir, Senior Club, etc. There is something for everyone!

Ann Moxey will also be offering a retreat - both present and online, September 21-24. See poster.

Bilingual
CHILDREN'S CHOIR
Laurie Rodriguez

THURSDAYS | 4:00 PM - 5:30 PM
Starting September 21
 Children 8 - 12 years old

FREE ENTRY
Bilingual class
Excellent musical education
Ecumenical choir

Minerva 7, Delicias, 62330 Cuernavaca

Whatsapp: 777 221 0006

And just around the corner is the inauguration of **Children's Choir** led by **Laurie Rodriguez**, well-known to all of us for her past service as substitute organist and as the famed founder of the Huitzilac Youth Orchestra. I, for one, look forward to seeing the two groups perform together! This is an exciting free opportunity for young people to hone English skills while learning music from a master. If your neighbors have children learning English we hope you'll encourage them to take advantage of this Ecumenical experience.

We're also excited about the monthly quilting workshop being offered by **Anita Gottschalk**, herself a master quilter. Again, we are hoping this will be an outreach serving both our community and those who are not involved with Saint Michael. All that is required is a desire to learn in the company of other quilters. September is International (I exaggerate - it is really only National) Sewing Month. What timing!

QUILTING CLUB
WITH ANITA GOTTSCHALK
JOIN US!

2nd Thursday of each month

Starting September 14

10:30-13:30

Minerva 7, Delicias, 62330 Cuernavaca

As I shared in church this past Sunday the 66,000 pesos required for the first stage of the roof of **Caminando Unidos** more or less miraculously appeared since the last Communicator. We give thanks to everyone who helped. In particular we thank **Suzie Brown, Walter Lopez, Andrea Espinosa, Dennis Banks, Judy Frothingham** and **Carol Hopkins**. We are grateful to Vestry Members **Charlie Detweiler** and **Mario Fernandez de Lara** for their good work in coordinating this project.

The Friday Senior Club 10-2 needs participants. Please come if you're interested in games, physical activities, etc. **Lorena Molina**, leader of the group, is a trained gerontologist with amazing skills. She is assisted by **Amanda Hooten, Pat Manners** and **Rick Bode**. This is an amazing team! You have to participate to learn how much fun you can have.

Saint Michael & All Angels
English Church, Cuernavaca, MEX

Senior Club

A vibrant and inclusive group created exclusively for seniors like you!

Free admission for members of St. Michael Church

FRIDAY
10:00 am – 12:00 pm

- Excellent care
- Dance, stories & games
- Bilingual service
- **100 \$ per class**

Information:
777212 9575

DIRECTIVAS

EN EL USO DE SEGURICHAT

- Estimado usuario le pedimos **fomentar** la cercanía y la confianza con la Comisión Estatal de Seguridad Pública. **No vulnere la seguridad** de la información.
- Procure redactar en **un solo mensaje** todos los datos y **evitar abreviaturas**. Recuerde que también puede mandar audio, fotografías o videos del incidente.
- No salir del grupo** ya que dejará de pertenecer a éste automáticamente.
- Procure proporcionar datos **verídicos** ya que serán valiosos para la unidad que acuda a la emergencia.
- En caso que requiera apoyo, enviar la dirección completa; para datos complementarios favor de hacerlo saber en el chat.
- No publicar cadenas**, videos y/o fotografías que no vayan de acuerdo con el tema de seguridad.
- Si solicita apoyo para terceros, es indispensable proporcionar el **numero telefónico de quien solicita el servicio** y que haga contacto con la unidad.

cesmore ps.gov.mx

Those of us who signed up for Securichats at the meeting offered by the Municipality of Cuernavaca and the State of Morelos at Saint Michaels last month have received the Directives for our usage. I am the Administrator of this group and if you're interested in joining I believe we can add more members. Fortunately I have not needed to use it but friends and neighbors who have report that it is both user friendly and very, very helpful.

During our sale price on niches we have sold quite a few. The price will go from 10,000 to 15,000 on October 1. If you wish to purchase a niche I wouldn't put it off any longer.

Last, but never least, a new offering in your Communicator! In our last edition we mentioned the many who have moved away or at least live away part of the year but nonetheless keep sending encouraging comments. **Ellen MacDonald**, faithful choir member (and much missed alto) wrote that it would be nice if we included news from afar and so included a photo of her with her darling pup!



And **Father Bruce Coggin** wrote, "The Good News is Full Pews."

I hope we will hear from others and that we can include "News from Afar" as a regular feature. We would love news and photos of **Harriet Edmond** and **Thomas Esakin**. You've been away so long we've forgotten what you look like. Smile.

Suzie, we'd also love a photo of you and **Jeff** together.

Jim and Genie Blanchard, please send information about your return date. You are missed.

Please don't forget to send information or photos you would like included in The Communicator. This week we are indebted to **Maria Jose, Lorena, Wendy, Carol, Amanda, Ellen** and **Father Doug**.