

The Communicator November 28, 2023

Where did this year go? Time seems to be passing way, way too fast. Does it seem that way to you too? I hope the USn's among us enjoyed a **Happy Thanksgiving**.

I apologize for missing last week's edition but was traveling, having medical procedures, celebrating Thanksgiving, etc and there was never a moment to sit down and compose The Communicator. Despite that, things sure happened here while I was gone!!!

First, THE WEDDING! **Father Doug and Veronica** are married! The **Reverends Tamara Newell, Gillian Ball and Victor Hugo Garcia** officiated and many of you witnessed. The deed is done and we wish them all of the happiness in the world. Congratulations!!!!

Landscaping of SMAAA is underway. We are most grateful to **Senior Warden Judy Frothingham** for underwriting this ambitious

remodel

of our gardens. Here's hoping this is a major improvement for both the dry and wet seasons and that it makes our garden much more year 'round user-friendly. Thank you too to **Junior Warden John Stelly** who has coordinated this project. I think we are all going to LOVE it.

To all of you who have contacted me by phone and mail regarding **Amigo's** long illness, I am full of gratitude for your prayers for him and for me. Amigo has, I believe, finally turned a corner and is on his way to

what we hope will be a full recovery. He is now wagging his tail, eating normally and even wanting to play again. We also celebrate **Mario's** recovery from a long, tough bout with Dengue. **Reminder!!! Wear mosquito repellent and be sure you have no standing water on your property.** Dengue is still very present in our midst.





Thomas Esakin and **Walter Lopez** are producing their 3rd Annual Free Christmas Concert on December 22 at the Cathedral. There are 25 “Reserved” Tickets available for members of Saint Michael’s. Please RSVP directly to **Thomas** if you want one or more of these HOT tickets. One must be at the Cathedral by 6:30 to be seated in Reserved Seats. I attended this wonderful concert last year; it was the highlight of the Holiday Season. One must get there early. It was filled to overflowing last year and its reputation continues to grow.



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Suzie Kirago and **Joaquin Keck** will again contribute their considerable efforts to install our annual poinsettia tree. It makes a great background for Christmas photos and should be assembled by Sunday, December 10, Week 2 of Advent. This Sunday, December 3, is our First Sunday in Advent; the first candle in the Advent wreath will be lit by faithful acolytes, **Jorgee Bredee and Erika Mayen**. It is also Birthday Sunday and a little bird whispered it is **Patty Hogan's** big day! Sunday's flowers will be given in Thanksgiving for her long presence at SMAAA.

Thursday Yoga with **Ann Moxey**, 11-12:30, continues to provide those us who attend with lots of good instruction on posture, breathing, life

changes. Each week we grow in numbers and hopefully as individuals. Thank you Ann!

Friday Senior Club is also growing. Thanks to **Lorena, Pat, Amanda and Mario** for their wonderful work making this the FUN place to be Friday mornings 10-12. Would you enjoy an outing with friends? Do you know someone in your friend community who could benefit from social time. Lorena leads exercises, dances, puzzles, crafts and other fun activities. Free to members of the church. 200 pesos to non-members.

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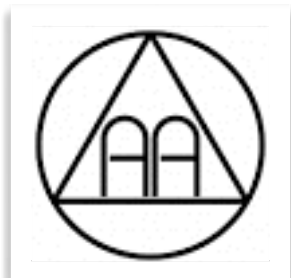


It is PLEDGE TIME. It seems pledging is a foreign concept to many who come from other spiritual disciplines but pledging is an annual event in the Anglican Episcopal Church. **A pledge is a promise – a promise to give a certain amount over the course of the following year.** Pledging before the start of each calendar year is critical for vestry and rector to develop an annual budget and plan to serve you

and our wider community. We don't expect you to fulfill your pledge in one lump gift but it is important that all who consider Saint Michael and All Angels their spiritual home pledge to its support however possible. We can not maintain the programs, outreach and campus without your help. Pledging has no legal status. It is only your word that you will help maintain the “heart work” of Saint Michael and All Angels. For more information, or to make your pledge, please speak to **Father Doug, Judy Frothingham, Wendy Blake or Carol Hopkins.**

Thanks to the “heart work” you’ve already done and the gifts of many - spearheaded by **Suzie Brown** who though she lives in Florida, heard about the plight of the school at Caminando Unidos in The Communicator and began to send regular contributions for the installation of a new roof. Suzie inspired us to make it happen. The rainy season has now ended, we have the money so that Mario Fernandez de Lara and Charlie Detweiler who are coordinating this project can make this dream for the kids a reality. To all who’ve given to this project our many thanks. I understand Father Doug asked that some wedding gifts be given in the form of pledges to the roof project. Good job Folks!!!! You’re amazing.

We also urge you to support the **Saint Michael’s Community Library.** This invaluable resource in our community depends upon our use and support. Library Hours through December: Tuesday and Friday 11-1, Wednesday 4-6. Tuesday Hours include the British Tea - a long time tradition enjoyed by many.



Is there interest in resurrecting an English Language AA. In the past we have hosted a successful English AA but like many things it no longer exists. I have heard from several people who would like it to return. Your thoughts? Please let me know.

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BUDDHIST MEDITATION PRACTICE AND DHAMMA TALKS.

December 2023 gatherings for community.

*Beginners to advanced are welcomed. BYOC/M
(Bring Your Own Cushion/Mat)... or use an
available chair!*

A Dana Bowl will be present for any gifts of donations.

*A community program of: "St. Michael and All Angels
Anglican / Episcopal Church, Cuernavaca"*

**Meditation: A path to
inner-peace and serenity
through mindfulness.**

**DAYS: Wednesdays. TIME:
6-7pm. DATES: December
20th and 27th, 2023.**

**LOCATION: IN-PERSON in
the "Pastoral Meeting
Space", St. Michael and All
Angels Anglican /
Episcopal Church,
Cuernavaca.**

**(ADDRESS: Calle Minerva s/n,
Esq. Eros, Col. Delicias,
Cuernavaca (2 blocks behind
WalMart Express on Rio
Mayo)).**

Facilitated by Tom Esakin, who
supports Spiritual Care through
St. Mike's. Tom is a former lay-
facilitator with the Theravada
Buddhist Community of Toronto.

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