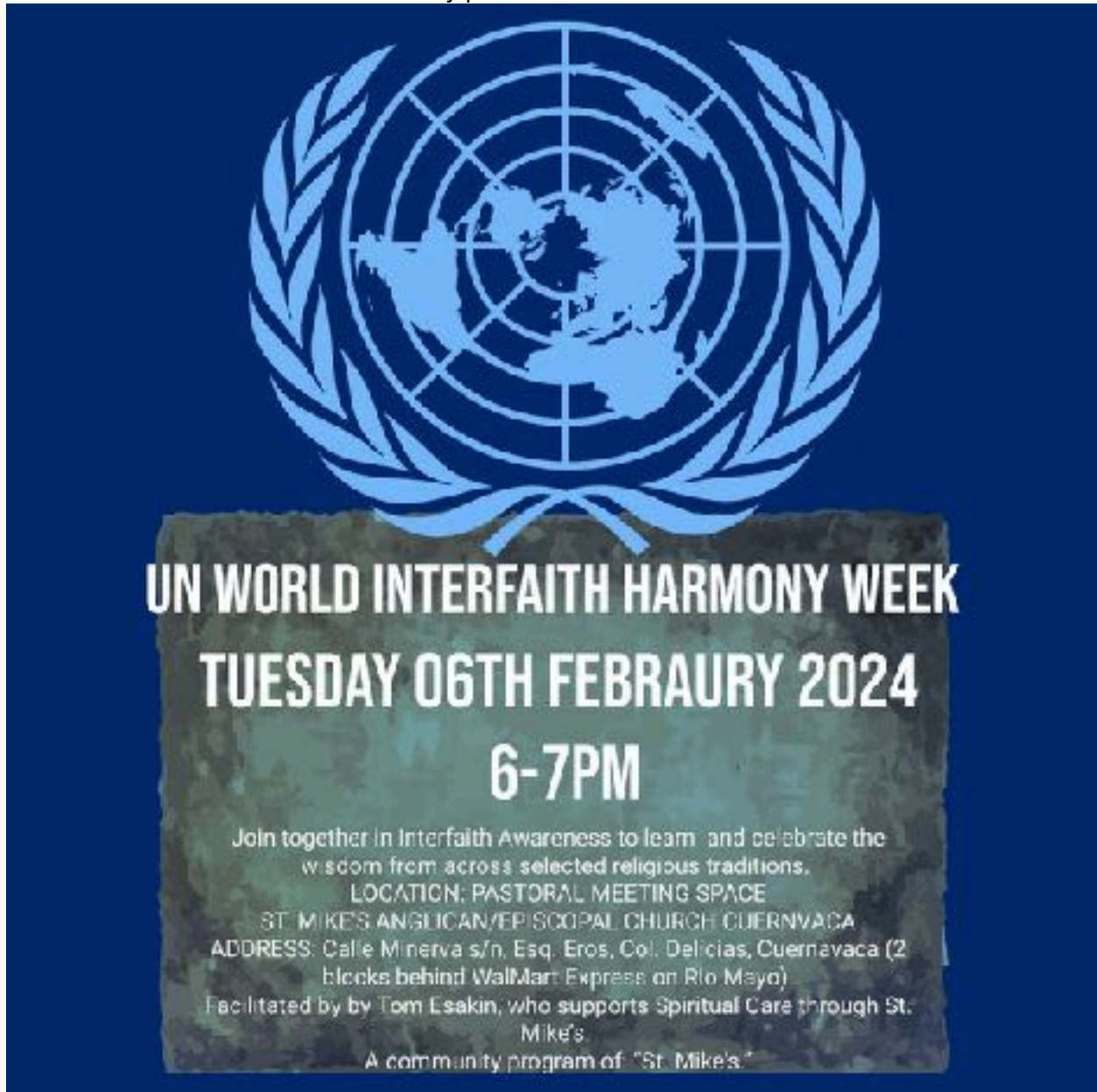


The Communicator February 5, 2024

Tom Easakin is facilitating a celebration of UN World Interfaith Harmony Week on Tuesday February. To publicize this event I am sending The Communicator one day early. In these troubled times we need all the harmony possible in the world.

A poster for UN World Interfaith Harmony Week. At the top is the United Nations logo, a white globe with latitude and longitude lines, surrounded by a laurel wreath, all on a dark blue background. Below the logo is a dark, textured rectangular area containing white text. The text reads: "UN WORLD INTERFAITH HARMONY WEEK", "TUESDAY 06TH FEBRAURY 2024", "6-7PM". Below this, in smaller text, it says: "Join together in Interfaith Awareness to learn and celebrate the wisdom from across selected religious traditions.", "LOCATION: PASTORAL MEETING SPACE", "ST. MIKE'S ANGLICAN/EP SCOPAL CHURCH CUERNAVACA", "ADDRESS: Calle Minerva s/n, Esq. Eros, Col. Delicias, Cuernavaca (2 blocks behind WalMart Express on Rio Mayo)", "Facilitated by Tom Easakin, who supports Spiritual Care through St. Mike's", and "A community program of 'St. Mike's'".

UN WORLD INTERFAITH HARMONY WEEK
TUESDAY 06TH FEBRAURY 2024
6-7PM

Join together in Interfaith Awareness to learn and celebrate the wisdom from across selected religious traditions.
LOCATION: PASTORAL MEETING SPACE
ST. MIKE'S ANGLICAN/EP SCOPAL CHURCH CUERNAVACA
ADDRESS: Calle Minerva s/n, Esq. Eros, Col. Delicias, Cuernavaca (2 blocks behind WalMart Express on Rio Mayo)
Facilitated by Tom Easakin, who supports Spiritual Care through St. Mike's
A community program of "St. Mike's"

From all reports Debbie and Judy did a great job standing in for me this past Sunday. Most important news, of course, is the Shrove Tuesday Pancake Supper just around the corner! Tuesday, February 13, 4-7PM. Debbie and Isabel are doing a bang up job making sure this will be the best ever! Do you have your tickets yet? Do you have friends to bring? All are welcome.



Shrove Tuesday

Do you have nice items to donate for the raffle? Your discard could be a raffle winner's great treasure!

The Communicator February 5, 2024

Church Services continue very well attended. This week we had three lovely young Social Work Students from St. Olaf's College in Northfield, MN. They will be studying here in Cuernavaca for three weeks. They must be thrilled with our weather!!



BUDDHIST MEDITATION PRACTICE AND DHAMMA TALKS.

January and February 2024 gatherings for community.

Beginners to advanced are welcomed. BYOC/M (Bring Your Own Cushion/Mat)... or use an available chair!

A Dana Bowl will be present for any gifts of donations.

A community program of: "St. Michael and All Angels Anglican / Episcopal Church, Cuernavaca."

Meditation: A path to inner-peace and serenity through mindfulness.

DAYS: Wednesdays. TIME: 6-7pm. DATES: January 24th and 31st, and February 07th, 2024. LOCATION: IN-PERSON in the "Pastoral Meeting Space", St. Michael and All Angels Anglican / Episcopal Church, Cuernavaca.

ADDRESS: Calle Minerva 1/4, Edo. Eros, Col. Delicias, Cuernavaca (2 blocks behind WalMart Express on Rio Mayo).

Facilitated by Tom Esakin, who supports Spiritual Care through St. Mark's. Tom is a former lay-facilitator with the Theravada Buddhist Community of Toronto. Tel or Text or WhatsApp: 1-250-716-6772 / Email: thomas@spiritualfacilitation.org

Tom Esakin will host a Buddhist Meditation Practice workshop on Wednesday, February 7. Tom offers this Practice throughout February.

Spanish Classes (Grammar and Conversation at all levels) continue Mondays, 3:30-5:30. Thank you Amanda for sending photos.



Thursday's "Yoga with Ann (Lupita too)" 11-12:30 is a wonderful opportunity to work on breathing, posture, meditation.



Divas, Dames & Doñas: Portraits of Lust, Love, Duty & Power

Join Janet Dawson for an entertaining & enlightening talk (In English)

FRIDAY MARCH 1, 10:00 AM
BRUNCH TO FOLLOW
JARDIN CERRITOS
CALLE CERRITOS #180 COL. BUENA VISTA
CUERNAVACA, MORELOS

\$600 PESOS PER PERSON
RESERVATIONS NECESSARY
R.S.V.P. TC ursula@tepozrosa.org

ALL FUNDS TO BENEFIT TEPOZ ROSA A.C. www.tepozrosa.org

As we approach Ash Wednesday and Lent it is a time for reflection. We are fortunate in Morelos to have Tepozrosa a non profit organization that provides support for women with Breast Cancer. This year the annual luncheon will be held March 1. The speaker will be the inimitable, and most entertaining, Janet Dawson. Reservations are limited and are required. Don't miss this. (Men are invited too!)

The February Speaker at the Saint Michael's 2024 Lecture Series, "Get to Know Your Neighbor" is Terry Elizondo, Esq. Everyone loves Terry's lunch bunch but come find

The Communicator February 5, 2024



out how Terry ended up in Cuernavaca and learn about her long involvement with Nuestra Cabana, a Cuernavaca institution and one of only four International Girl Guide Centers in the world.

Our March lecturer will be John Mitchell, long-time journalist with the LA Times and Pulitzer Prize winner.



The library Tuesday Tea, 11-1 is now accompanied by the Library First Sunday opening of the library was this past Sunday and they will be opening on the first Sunday of each month during coffee hour. Library was well-attended during coffee hour with some reporting they didn't even know a library existed.

On Wednesday, February 7, the library will begin two new WEEKLY reading programs hosted by **Jackie Robinson** (not the baseball player). The first is the "Children's Story Time" (4-4:30) for pre-readers and the other will be The Book Worm Reading Circle (4:45-6) for young readers. Saturday, February 10, the library will be open to augment their regular hours so that children can visit the library during non-school hours.



The library is trying to free space by getting rid of 2000 DVDs. At 5P each they won't last long.

Photos for week at Saint Michael's are from Pat Manners and Amanda Hooter. Thank you.

Don't forget the Annual Meeting immediately following the service on February 18. Please sign up to bring a salad, main dish or dessert. And if you haven't submitted your pledge card, please do so before the meeting!!