

It is with great sadness I share the news of **Joyce DeHaas** passing into the greater presence of Our Lord. This news was received on Sunday Morning after church and could not be shared during services. It was an enormous shock to all of us at SMAAA and also to those in the Community outside Saint Mike's who also loved Joyce.

This event and another recent death has caused us to think about how we can help one another within this community to be safe in our own homes so that we can stay in those homes as long as possible. Some time ago Tom Esakin suggested that we, as a church, undertake an assessment of the needs of our increasingly elderly expat population and that perhaps St. Mike's offer, for an affordable fee, the Ministry of an 'Administrator

Service' - helping to pay bills, manage personal affairs, shopping, medical - that would allow people to stay in their own home.

We are also going to schedule a Saturday work session on how to prepare for one's demise that includes will writing, getting one's papers in order, scripting our own memorial services. writing farewell letters to loved ones. **Kris Salgado** has offered to help lead a seminar addressing these issues. Next issue will include a list of all documents we should have prepared in case of a sudden death and/or to prepare will.

We are currently researching *Notorios* to find one who will give us a group low price for officiating wills. In September most Notorios offer this service at half price. All suggestions are appreciated.

This next Sunday is Pentecost Sunday - the Birthday of the Church - wearing Red is usual. We will also be celebrating and giving thanks for the life of Joyce. Several people have suggested that in lieu of sending flowers to her funeral in New York we give a gift to her favorite charity in Cuernavaca, Ministerios de Amor. To make a donation in Joyce's name, please use transferencia: Ministerios de Amor AC, Cuenta BBVA, 0164095790, CLABE 012180001640957909 or in dollars to: Ministerios de Amor, CUENTA 012180001043933258/BANK ADDRESS-Insurgentes Sur no. 1413, Col. Insurgentes, Mixcoac, Mexico, 03920, Country- Mexico, Swift Code A: BCMRMXMMPYM. Your contribution will be much appreciated by the children served by Ministerios.

The World's Happiest Countries Index was once again just released and,

no surprise, the Scandinavian countries again took the seven highest places! Is this coincidence? I think not. After reading the article I decided to share it with readers of The Communicator because I think the Ex-pat Community of Cuernavaca, and Saint Mike's in particular, would score very high in the categories mentioned in the article. People **are** moving here again... this time not for



the climate or the lower cost of living... but for **community**. Can we do better? Of course. But, all in all, we are doing amazingly well. We owe a great thanks to all of the many groups in Morelos who work to keep us together, allow friendships to grow and foster community. Thank you Saint Mike's, The Saint Michael's Library, Lunch Bunch, Thursday Group, Friday Senior Club, Men's Group, Thursday Yoga with Ann, Foreigners in Cuernavaca, Several Bridge Groups and Book clubs that have met for decades, Sombra del Sabino in Tepoztlan, Becas Para

Prepas (Don Bosco), Amigos del Bosque and finally, once again, Cemanahuac's Current Events. There are undoubtedly others. For a fun read about the world's happiest countries, please go to this link. https://dailypassport.com/the-worlds-happiest-countries-all-share-this-in-common/ And, how do you think we measure up? Let us know please.

Please remember that this **Wednesday, May 15, 5-6:30 PM**, is the first in the new **Mexican Current Events Series** offered by **Charlie Goff** at **Cemanahuac**. Those of you who participated in Current Events in the past know how valuable it is for understanding the present and past of this country. Charlie is pure genius at wrapping up the week's news and putting it into historical context. **Cemanahuac is located in Colonia Las Palmas, San Juan 4.**

And on **Saturday, May 18**, Charlie is again offering his study trips. There are **three** spaces left on the trip to **Teotihuacan**. If you are interested please let Charlie or me know immediately by WHATSAPP Charlie - 777-328-2789/ Carol -777-328-0637 Trip is 700 with INAPAM card or 800 without. **Trips depart from Cemanahuac, Colonia Las Palmas, San Juan 4.**



Angel Outreach Corner Last Sunday was the beginning of **Angel Outreach** a Saint Michael's auxiliary ministry to the Homeless of Cuernavaca. Our sister church, **San Pablo**, has been feeding

the homeless each Sunday for several years and thanks to the listening heart of **Pat Manners**, we are now providing some assistance

to them in this ministry. Last week our baskets were filled with toiletries and food stuffs. Let's do as well each week. Pat and Amanda went with **Padre Victor**





Hugo last week to assist in their monthly sit-down meal. From Pat:

"It was both humbling and inspiring. I learned a lot, smiled a lot and committed to being there whenever I can be. Padre Victor Hugo's wife is a dynamo and somehow they



cooked huge amounts of food on two tiny burners. It was definitely loaves and fishes time. There was laughter, prayer and singing. Doesn't get much better and the food just kept appearing. We left filled with good food, joy and the Holy Spirit." Love Pat

P.S. Please keep those toiletries and non-perishable food items coming. Granola Bars anyone? There will also be a jar in the back of the church for peso contributions towards a couple more tables and more chairs.

Senior Warden Judy Frothingham asked me to remind everyone of the importance of legacy gifts, and remembering Saint Mike's in your will.

Last Sunday we were treated to a beautiful anthem and Communion hymn both featuring tenor **Felipe Aguilar**. We had two new members in the choir and hope they will return. **Laurie Rodriguez** is a quick study and is hoping more of our regular choir members also return. We miss faithfuls **Suzie Kirago** and **Patricia Bridger**. Thank you **Ian Thomas and Isabel Graves** for being with us. Everyone sounded great. Are you a soprano or an alto? The choir needs you!!!! Rehearsals Sundays at 10AM before church.

Our wonderful Yoga Teacher, **Ann Moxey, (Thursdays with Ann and Lupita too)** is going to have a hip replacement mid-June. We've decided that no one can replace her and so will take a six week break. Our last class was a memorable one for teaching strength **and** trust. We became "trees" with a partner. It is not as easy as it looks - particularly if you start to laugh. Tim Ross kept telling me that between us we had 159.5 years. That certainly didn't help! We will be starting up again in August but still have a couple more weeks before break.



A huge thanks to Junior Warden John Stelly, Mario Fernandez de Lara,

and those others who have been working at getting our shade sails to provide adequate shade during our fellowship hour. It sure makes a difference!

Friday Senior Club
celebrated Uli's birthday
this week. This is another
of those communities
within our larger
community that provide a
"shelter from the storm" of
aging and loneliness.

Board Games is starting in June. Stay tuned.

Debbie Jeffress returns this week. Co-Hospitality Ministry Isabel Graves has done a wonderful, wonderful job filling in for her. Applause. Thank you to her, Casey and any of the rest of you good souls who have brought food.





Pat Manners shared a special moment before church last Sunday. Our sweet acolyte being held up by Father Doug to light the Sanctuary candle ..over the

Don't forget, Pentecost Sunday (wear Red) and Joyce's Memorial being celebrated together. at 10:45 this Sunday If you know people who knew Joyce who might want to join us, please invite them to be with us.